

## **Enrichment at ACE**

### **INTENT:**

#### **What is the curriculum aim / vision for this subject?**

The Enrichment curriculum is designed around 4 key principles or aims:

- The curriculum should give students the opportunity to develop and improve their communication and social skills.
- Giving students access to interesting and exciting activities that they wouldn't normally have access to in their traditional lessons.
- To improving pupil's confidence, resilience and self-esteem through a variety of activities and opportunities.
- Help to prepare students for post 16 and adult life by equipping them with crucial life skills.

#### **What should ACE students gain from this subject?**

- Confidence and resilience which will support them in accessing school, work and the world beyond ACE.
- Improved social-communication skills.
- Key transferable skills, such as, team-working, patience, problem solving and creative thinking, which they can utilize in all areas of life.
- Ensure that pupils leave ACE with a better sense of well-being and confidence compared to when they started.
- Ambition and drive to achieve their personal best and to follow their dreams.

#### **We aim to do this by:**

- Providing a range of Enrichment activities throughout the year so that a range of interests and abilities are catered for.
- Giving pupils opportunities to engage and learn outside of the classroom.
- Aiming to deliver targeted Enrichment sessions based on the needs and interests of the current cohort.
- Encouraging a 'can do' culture of pupils trying new things and experiencing opportunities which may be a little out of their comfort zone.
- Providing fun and interesting sessions that pupils enjoy.
- Providing access to work experience and other alternative qualifications.
- Providing mental health workshops delivered by CAMHS to improve social communication, resilience and regulate mood.
- Developing a network of external services to provide access to more opportunities

#### **How is our curriculum sequenced?**

**KS3** - Sessions will initially focus on getting pupils outside of the classroom to build up their confidence of being out in public. Due to limited finances being available, we will make use of all local amenities such as parks, farms, museums, art galleries and gardens. We aim for pupils

to experience first hand the positive effect that being outdoors can have on our well-being. Y7/8 pupils have the opportunity to access games sessions which offer a variety of team activities and some fun exercise.

Y9 pupils are timetabled one morning a week to go to a local gym in order to use exercise to be healthy and to improve mood, mental health and social skills.

The main aim of Enrichment sessions delivered to KS3 pupils is to help them develop their social skills, confidence and resilience. Enrichment sessions will aim to create a relaxed environment where pupils feel safe and supported to socialise and communicate with peers. The creative and engaging activities delivered within sessions will act as a talking point for pupils to bond over as well as creating opportunities for group work. As well as outdoor sessions, some KS3 Enrichment sessions will also be based within the classroom. Pupils will also complete modules from the Princes Trust which will focus on personal, social and health education. The classroom based Enrichment sessions will cover a variety of activities such as baking, photography and hairdressing. Our aim is to engage the students with interesting tasks to promote their enthusiasm and attendance to lessons so they can develop skills but more so their confidence and social interaction with their peers.

**KS4-** All students will have opportunities to participate in the outdoor enrichment programme throughout the school year. They will also benefit from the Forest school programme

Year 10 students will also be given the opportunity to participate in a 12 month NHS Cadets training programme designed specifically to give young people opportunities within the NHS that they may not have had access to previously whilst gaining a recognized qualification in its completion

The NHS Cadets programme aims to:

1. Deliver life skills through first aid and mental health first aid training and other role-appropriate training. This will not only be beneficial within the programme, but cadets will develop skills that could be utilized every day.
2. Develop the future health & care workforce – the programme will introduce young people to a range of health settings and roles, enabling them to learn more about potential careers.
3. Focus on developing the skills of young people in areas of deprivation – the programme will be focused on providing access to challenges and adventures that could transform young people's lives.
4. Provide young people with access to social action and volunteering opportunities within health and care.
5. Provide young people with a better understanding of the NHS and appropriate use of services.

## Y11- Enrichment single session post 16

Students will also be given the opportunity of a class based lesson to examine the different options available post 16 i.e. T levels, A levels apprenticeships, supported internships. For many of our young people this next step is a massive hurdle which in the past has caused great anxiety often preventing them attending the next step. Our aim is to make this transition as smooth as possible, breaking down barriers and supporting them in their choice of provision and course. They will discuss their strengths and area they may need to develop for their future career. They also have input from the Alder Hey Academy regarding pathways into the NHS. Students are introduced to sessions from past pupils who explain their choices and progression. Adhoc sessions from relevant agencies are invited in as determined by the needs of the present cohort eg, Cells, We are with you and various organizations across the city that can support our student needs. Support is given to make applications to post 16 provision and trips to providers across the city to view potential suitability.

KS4 –

Our students will take part in a six-week **Badge of Excellence – Introduction to Travel Training programme**. The programme introduces Learners to a range of topics that will support progression for their independence, further study and increasing general social mobility.

The course runs for six weeks and cover topic such as:

- Preparing for a Journey
- Personal Safety & Problem Solving
- Road Sign, landmarks & Crossing Roads Safely
- Planning a Safe Route
- Practical session
- Appropriate Behaviour & Communication Skills
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WE recognise the importance of their social mobility to access further education whilst also extending their interest and employability needs.

## Integration and Transition

Students can start at any point and could have missed various amounts of time in their main stream setting. Therefore, we make it our aim to ensure the students' needs are put first and ensure their needs are met. Our aim is to ensure the student feels comfortable and safe through:

- Use of school data
- Setting high expectations
- Pupil passport
- Opportunities to identify strengths and areas of development
- Constructive feedback

### **How do we know if we have a successful curriculum?**

- Pupil voice, staff voice, parental voice.
- Student council
- Attendance
- Development of skills, confidence resilience and social interaction
- Successful post 16 transition

