



# Sandfield Park School

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## Alder Hey PJ Day

Dear Families,

We are taking part in Alder Hey's "All Day PJ Day", this Friday 8<sup>th</sup> October.

We know Alder Hey Hospital is near and dear to most of our families. We would love to support their fundraising efforts by encouraging pupils to wear their PJ tops (or own clothes) on Friday 8<sup>th</sup> October for a voluntary contribution.

Alder Hey Hospital are hoping that this year's PJ day will raise money for a new surgical neonatal unit that will combine specialist emergency care for new born babies with a combined family room.

The official Alder Hey PJs which are on sale now, were actually designed by Kirsty, our physio's son, Oliver. So we have an even closer link to this year's PJ Day! Though any PJ tops or own clothes can be worn.

We really hope this is a cause you can get behind and support, in your PJ tops!

In addition, Friday is also World Mental Health Day, and Young Minds are running their 'wear yellow' day on the same day, so your child may want to wear yellow, or their own clothes or their PJ tops – The choice is theirs!

We hope to use this day to take the opportunity to open conversations around mental health with our pupils and staff.

Mr M Hilton  
Headteacher



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