

SF234 Medium Term Curriculum Plan Spring 2

Week 6 27 <sup>th</sup> -31 <sup>st</sup> March	<b>Core theme 1- Health and Wellbeing</b> <b>The influence of the media on lifestyle</b> H13. recognise how pressure to conform to media stereotypes (or manipulated images) can adversely affect body image and the impact this can have on self-esteem; develop strategies to manage this pressure H14. assess and manage risk in different contexts;	<b>Working with others.</b> Be able to review and focus on your role within a team, especially the positives and future improvements. <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Evaluate- Evaluate the success of the Enterprise project. Highlight positives and challenges and how they were overcome. <b>Linking to Design Tech.</b> Evaluate the last half term project, what went well? What did not go to plan? What would you change? Calculate overall profit.  Ensuring all/most items have been sold before half term break	ASDAN - To complete files (eg make sure all complete and annotate their own work)	<b>Discuss the new theme for Eurovision 2023 United By Music and discuss what that theme means to countries around the world. As a class, compose lyrics for a chorus for a new song for Eurovision from Sandfield Park school. This will be on going through to next Term.</b>	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tag Rugby – rules and scoring system.	<b>Expedition Skills - develop tent pitching skills. How to pack away tents efficiently without damaging equipment.</b>	NHS CADETS  TEAM - Models & Roles  Trust & Boundaries (more time to be created to finish this module)  Celebrations & Achievements	To investigate different methods used to thicken and set egg proteins in a sweet egg custard.  Recipe 1 Crème caramel (using the oven) Recipe 2 – Crème brûlée (using the hob) Compare differences between cooking method, time taken and ease of making. Sensory evaluation, e.g. taste, texture, smell and appearance.
Week 5 20 <sup>th</sup> -24 <sup>th</sup> March	<b>Core theme 1- Health and Wellbeing</b> How to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; <b>physical activity, mental and emotional health and wellbeing; and sexual health</b> H18. manage alcohol and drug use in relation to immediate and long term health; understand alcohol and drug use can affect decision making and personal safety; evaluate the impact of their use on road safety, work-place safety, legal safety, reputation and career H19. manage personal safety off-line, including when socialising (including meeting someone in person for the first time whom they met online, drink spiking, looking out for friends) and travelling (especially cycle safety, young driver safety, and passenger safety, including the risks of being a passenger with an intoxicated driver, and using only licenced taxis)	<b>Working with others.</b> Be able to meet their responsibilities when working with others. Understand that it is appropriate to inform others of any difficulties in completing tasks/responsibilities. Understand that other team members can help with any difficulties. <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Make- Using appropriate tools, equipment and materials to create a variety of project designs. <b>Work collectively to manage project and equally share job roles.</b> Focusing on Mother’s Day and Easter themed chocolate items and cards..	Towards Independence Using Leisure Time Section J Project J1	<b>Discuss how Liverpool should be prepared to host the Eurovision song contest and how we should make people from different countries feel welcome. Pupils choose a country and draw the word WELCOME in that language as a poster while listening to Lulu, Brotherhood of Man and Sandy Shaw</b>	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tag Rugby – defending tactics in games	Expedition Skills – develop tent pitching skills. How to use guy lines correctly.	NHS CADETS  TEAMWORK MODULE  Team Challenges & Learning Styles	To investigate ingredients that set a cold dessert (jelly) Using powdered gelatine, leaf gelatine and agar flakes. Link to Maths and measuring cm, ml and g. Complete a sensory evaluation, e.g. taste, texture, smell and appearance.
Week 4 13 <sup>th</sup> -17 <sup>th</sup> March	<b>Core theme 1- Health and Wellbeing</b> <b>How to maintain physical, mental and emotional health and wellbeing</b> H9. Recognise when they, or others, need support with their mental health and how to access the most appropriate support H10. Recognise common mental health issues such as anxiety, depression, disordered eating, self-harm and compulsive behaviours in themselves; evaluate support H11. recognise mental health issues in others; be able to offer or find support for those experiencing difficulties with their mental health H12. work alongside those with mental health issues and know how (and when) to provide support	<b>Working with others.</b> Be able to meet their responsibilities when working with others. Understand that it is appropriate to inform others of any difficulties in completing tasks/responsibilities. Understand that other team members can help with any difficulties. <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Make- Using appropriate tools, equipment and materials to create a variety of project designs. <b>Work collectively to manage project and equally share job roles.</b> Focusing on Mother’s Day and Easter themed chocolate items and cards.	Towards Independence Using Leisure Time Activities in a group H1 What activity did you take part in H2 Who were you working with H3 Show you followed instruction H4 How did you help your partner H5 Show the equipment you need H6 Did you put the equipment back safely H7 Did you enjoy the activity	<b>Review definition of the Eurovision song contest and show previous years such as Abba, Cliff Richard, Bucks Fizz. Pupils choose another country taking part and do research about that country and play their 2022 song.</b>	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tag Rugby – attacking tactics in games	<b>Expedition Skills – develop walking endurance when walking up hills. (Woolton Woods)</b>	NHS CADETS  COMMUNICATION  Active Listening & Barriers  (End – Dementia Friends)	To investigate the impact of different fats on the sensory properties of pastry (olive oil, butter, lard, soft baking spread). Link to Maths and measuring cm, ml and g. Pastry square with an apple filling. Complete a sensory evaluation, e.g. taste, texture, smell and appearance. Compare colour of pastry once cooked.
Week 3 6 <sup>th</sup> -10 <sup>th</sup> March	<b>Core theme 1- Health and Wellbeing</b> <b>How to maintain physical, mental and emotional health and wellbeing</b> H7. Apply strategies for maintaining positive mental health H8. Recognise when they need to employ strategies to re-establish positive mental health including managing stress and anxiety	<b>Working with others.</b> Be able to plan and prepare for working with others. Identifying tasks that need to be done, identifying own responsibilities within a group task and identify who to ask for help when they need it. Be able to plan ahead and think who could offer support and advice if needed. <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Make- Using appropriate tools, equipment and materials to create a variety of project designs. <b>Work collectively to manage project and equally share job roles.</b> Focusing on Mother’s Day and Easter themed chocolate items and cards.	Towards Independence Using Leisure Time Activities with a partner (almost completed) G1 Take part in an activity with a partner – play a game G2 Who were you working with G3 What did you do so you could follow instructions G4 How did you help your partner G5 What equipment did you use G6 Did you put the equipment away safely on the games trolley G7 Did you enjoy the activity	<b>Discuss the Eurovision Song contest and its history. Listen to the British and Ukraine 2022 entries. Explain why it is to be held in Liverpool. Pupils choose a country involved in the Eurovision and do some research about that country and play their 2022 song for the class. Pupils vote.</b>	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tennis/Athletics - develop tactics in games and races. Improve on PBs	<b>Expedition Skills - set up a Trangia camping stove to cook/heat food i.e. beans. Clean up and put away Trangia. (Childwall Woods)</b>	NHS CADETS  COMMUNICATION  Discussions and Debates	Test the function and suitability of different sugars and sweeteners in cake making. (Caster, demerara, soft brown sugar, granulated sugar). Link to Maths and measuring ml and g. Complete a sensory evaluation, e.g. taste, texture, smell and appearance. Look at the difference in mixture consistency as colour once baked.
Week 2 27 <sup>th</sup> Feb- 3 <sup>rd</sup> March	<b>Core theme 2- Relationships</b> <b>Respecting equality and being a productive member of a diverse community</b> R10. Appreciate the ways different cultures and faiths view relationships, respecting others’ right to hold their own views R21. Recognise forced marriage and ‘honour’ based violence; get help for themselves or others they believe to be at immediate or future risk R22. Understand female genital mutilation (FGM); get help for themselves or others they believe to be at risk or to be suffering from related physical or emotional problems following FGM (Girls only)	<b>Working with others.</b> Be able to plan and prepare for working with others. Create and describe ground rules, state what the group is working towards and what they are going to do. Show understanding of the need to co-operate and respect for effective teamwork <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Make- Using appropriate tools, equipment and materials to create a variety of project designs. <b>Work collectively to manage project and equally share job roles.</b> Begin to advertise Mother’s Day and Easter products by creating an eye-catching poster and include all relevant details. Share poster internally around school as well as the school café. <b>Linking to Design Tech</b> Using appropriate tools, equipment and materials to create a variety of project designs. <b>Work collectively to manage project and equally share job roles.</b> Ensure 1 of each item is available to photograph.	Towards Independence Using Leisure Time Section D Different Leisure Activities D1. Find out about different leisure opportunities in your local community. D2. How much do the activities cost. D3 Show if any specialist equipment or clothing is needed. D4 Find out opening times D5 How would you get to the activity D6 What activity you like doing best Section D photograph	<b>Final rehearsal of Samba Band for Alder Hey performance on the Friday morning.</b>	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tennis/Athletics - develop tactics in games and races. Improve on PBs	<b>Expedition Skills – set up a Trangia camping stove to make a hot drink (Childwall Woods)</b>	NHS CADETS  COMMUNICATION MODULE  OVERVIEW  TO DO Catch up portfolio work from previous sessions (check each portfolio students have completed is signed off)  Not previously completed in week 4	Vegetable Soup Making vegetable soup using different thickening agents (potato, lentils, macaroni/pasta, cornflour, and butterbeans). Peeling and dicing vegetables- recapping knife skills (Bridge and claw grip) Complete a sensory evaluation, e.g. taste, texture, smell and appearance as well as the thickness - A Very, B Moderate or C Not very
Week 1 20 <sup>th</sup> -24 <sup>th</sup> February	<b>Core theme 2- Relationships</b> <b>The concept of consent in a variety of contexts</b> R6. Understand and value the concept and qualities of consent in relationships R7. Understand the moral and legal responsibility borne by the seeker of consent, and the importance of respecting and protecting people’s right to give, not give, or withdraw their consent R8. Understand and appreciate the legal consequences of failing to respect others’ right to not give or to withdraw consent R9. Seek redress if their consent has not been respected; how to recognise and seek help in the case of sexual exploitation, assault or rape	<b>Working with others.</b> Working as part of a team- advantages and disadvantages. <b>Linking to Enterprise</b>  <b>GROUP OF PUPILS DOING TRAVEL TRAINING</b>	Plan, research and explore Mother’s Day and Easter themed Enterprise ideas that could be made in school and sold in school and at the school café. Look at ideas from previous year and discuss popularity and any other additional ideas. <b>Linking to Design Tech</b> Design- Collectively identify appropriate designs for Christmas Fair items. Agree, confirm and begin to gather resources to begin implementation stage.	Towards Independence Using Leisure Time Section C Leisure in the Community C1. Show what activities you do in the community. C2. Show what clothes you wear to do the activity. C3. Show what equipment you need to complete the activity. C4 Show when you do the activity. C5. Show you know the safety rules.C6. Do you do the activities with other people? C7. Show what activity you liked doing the best. Some carried over from last term	.Rehearsal for Samba band	Trampolining – develop skills and incorporate into routines  <b>Dovecot MAC gym – fitness and weight training</b>  Tennis/Athletics - develop tactics in games and races Improve on PBs .	<b>Expedition Skills – using a compass to help follow a walking route on a map</b>	NHS CADETS  Mental Health - 5. Researching Mental Health Conditions : Bipolar Disorder OCD Narcissism Post-Traumatic stress disorder Stress Schizophrenia Panic Attacks (group work) - Presented as a poster	Food Science and how our senses can affect our food choices. Exploring and tasting a variety of different foods- odour, taste, texture and appearance. ( <b>link to sensory vocabulary sheet</b> ).
	PSHE / RSE	Careers	Enterprise	Independent Living Skills/ Life Skills	Music	PE	Duke of Edinburgh	NHS Cadets	Food & Nutrition