SF3 Other Subjects Medium Term Curriculum Plan Autumn 2 2025 2026

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<b>Week 7</b> 15"-19 <sup>th</sup> Dec	Christmas Activities Christmas Panto	Christmas Activities Christmas Panto	Christmas Activities Christmas Panto	Christmas Activities Christmas Panto	Christmas Activities	Artist Lucy Casson – Clay Figures  Pupils will learn how to evaluate their finished product/ piece of art.  Pupils will be able to identify at least two things which worked well and two things which they could have done differently.	Christmas Activities Christmas Panto	Christmas Activities		
<b>Week 6</b> 8 <sup>th</sup> - 12 <sup>th</sup> Dec	Christmas Fair Prep	Christmas Fair Prep	Christmas Fair Prep	Pupils will learn how to make and assemble a product. Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs. Pupils will be able to assemble and prepare parts of a product ready to sell. Pupils will be able to demonstrate team work by sharing job roles, work collaboratively and clear communication. Pupils will be able to complete activities to the required standard, follow steps to complete the activity to the required standard. Pupils will be able to meet their responsibilities when working with others. Pupils will be able to carry out own/team tasks when working with others. Link to DT	BASKETBALL Pupils will learn how to block a pass or shot during games of basketball Pupils are able to demonstrate lifting their hands ups with their palms facing ball in an attempt at blocking a pass or a shot during 3 times games.	Artist Lucy Casson – Clay Figures  Pupils will learn how to use tools to sculpt and add detail to their clay figures using a variety of tools.  Pupils will be able to select and use a variety of different tools to sculpt and add detail to their clay figures.	FOOD ROOM – COOKING  Pupils will learn how to cook a basic Sweet & Sour Chicken  Pupils are able to demonstrate and explain how to make Sweet & Sour Chicken  Discuss health and safety aspects of session. (Is chicken cooked correctly)? Introduce the ingredients (and watch video) pupils will be able to step by step make Sweet and Sour Chicken	Team building challenges  Pupils will learn how to take on different roles within a team, including leadership, organisation and support roles.  Pupils will be able to take on a team role (e.g. leader, timekeeper, communicator, equipment manager) during a challenge.  Pupils will be able to reflect on how each role helps the team to succeed.		
Week 5 1 <sup>st.</sup> 5 <sup>th</sup> Dec	Pupils will learn how regular movement and good sleep help physical and mental health. Pupils will be able identify at least 3 types of exercise they can access (school or community). Pupils will be able to participate in a short sensory-friendly exercise routine. Pupils will be able to explain at least 1 benefit of good sleep or exercise.	Pupils will learn how to recognise emotions at work and use calming strategies.  Pupils will be able to identify at least 2 feelings that may come up at work. Pupils will be able to practice at least 1 self-regulation strategy.	Pupils will learn how to explore a range of leisure activities available at school. Pupils will be able to safely handle and use leisure equipment.	Pupils will learn how to make and assemble a product. Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs. Pupils will be able to assemble and prepare parts of a product ready to sell. Pupils will be able to demonstrate team work by sharing job roles, work collaboratively and clear communication. Pupils will be able to complete activities to the required standard, follow steps to complete the activity to the required standard. Pupils will be able to meet their responsibilities when working with others. Pupils will be able to carry out own/ team tasks when working with others. Link to DT	BASKETBALL Pupils will learn how to attack towards the basket during a game of basketball Pupils are able to demonstrate attacking skills 5 times during small-sided games of basketball, such as, forward passes to teammates, moving into scoring positions, dribbling forwards and shooting at the basket.	Artist Lucy Casson – Clay Figures  Pupils will learn how to create and shape a model of a clay figure inspired by Lucy Casson.  Pupils will be able to create a clay figure inspired by Lucy Casson.	FOOD ROOM – COOKING  FOOD FOR THOUGHT SESSION	Team building challenges  Pupils will learn how to plan and solve problems together by sharing ideas and responsibilities.  Pupils will be able to contribute to a group plan before starting an activity.  Pupils will be able to adapt their approach when a challenge becomes difficult.		
<b>Week 4</b> 24 <sup>th</sup> : 28 <sup>th</sup> Nov	Pupils will learn how important balancing work/college responsibilities with rest, hobbies, and social time. Pupils will be able to recognise and sort activities into categories: work, fun, rest, online. Pupils will be able to reflect on how too much screen time affects mood, sleep, and relationships. Pupils will be able to demonstrate an alternative social or leisure activity (board game, reading, art).	Pupils will learn how to work successfully with other people. Pupils will be able participate in a teamwork task with minimal prompts. Pupils will be able to name at least 2 ways to be a good team member.	Pupils will learn how to explore a range of leisure activities available at school. Pupils will be able to safely handle and use leisure equipment.	Pupils will learn how to budget and purchase products for an event.  Pupils will be able to identify appropriate products to purchase for an event. Pupils will be able to demonstrate how to stay within a planned budget.	BASKETBALL Pupils will learn how to execute a set shot. Pupils are able to demonstrate using the set shot technique 3 times during a game situation. Demonstrate thumbs joining to make "T" shape, high elbows pointed forwards, ball above head, release the ball by bringing your arms down and snapping wrists forward.	Artist Lucy Casson – Clay Figures  Pupils will learn how to research and evaluate examples of art from a given artist.  Pupils will be able to research and find at least 3 examples of clay figures created by Lucy Casson.  Pupils will be able to evaluate examples of the artist's work commenting on at least 2 things that they like and 2 things that they like from the artist's work.  Pupils will learn how to plan/sketch a clay figure of their own design inspired by Lucy Casson's clay figures.  Pupils will be able to sketch a design for their clay figure.  Pupils will be able to plan out what equipment they need to create their artwork.	FOOD ROOM – COOKING  FOOD FOR THOUGHT SESSION  Pupils will learn how to follow and implement a Shepherd's pie recipe.  Pupils will be able to research the recipe and how to make it. Pupils will learn how to make mashed potato  Discuss health and safety aspects of session.	Team building challenges  Pupils will learn how to communicate effectively and work cooperatively to achieve a shared goal.  Pupils will be able to listen carefully and share ideas clearly with their team.  Pupils will be able to complete group tasks while taking turns and supporting each other.		
<b>Week 3</b> 17 <sup>II</sup> ., 21 <sup>st</sup> Nov	Pupils will learn what makes a healthy diet and how to choose affordable nutritious foods. Pupils will be able to identify food groups and select healthier options using visuals. Pupils will be able to take part in a simple budgeting activity (e.g., planning a meal for £3–£5). Pupils will be able to compare healthy vs. unhealthy snack choices.	Pupils will learn how to communicate politely with colleagues and customers.  Pupils will be able to give 2 different greetings.  Pupils will be able to identify who to ask for help in a workplace scenario.	Pupils will learn how to socially interact through shared leisure activities. Pupils will be able to choose an appropriate activity to do within a group. Pupils will be able to demonstrate tidying-up skills.	Pupils will learn how to research ideas for a Halloween enterprise project. Pupils will be able to identify at least 2 potential products to make and sell. Pupils will be able to calculate the costs of making at least 1 product. Pupils will be able to identify an enterprise activity/product. Pupils will be able to state the intended outcome of the enterprise activity.	TRAMPOLINING Pupils will learn how to perform a routine including 5 different moves. Pupils to be able to perform a routine consisting of 5 different moves i.e. star jump, seat drop to feet, tuck jump, half twist jump, straight jump, stop. Repeat routine 3 times.	Artist Lucy Casson – Clay Figures  Pupils will learn how to independently research a chosen artist (Lucy Casson).  Pupils will be able to carry out research on a given artist finding at least 3 facts about them and their work.  Pupils will be able to present their research information and/ or create a fact file on their given artist.	FOOD ROOM: Cooking Session Pupils will learn how to cook a basic Chicken Curry Pupils will be able to demonstrate and explain how to make a basic chicken curry  Discuss health and safety aspects of session. (Pupils to know when chicken is cooked eg from pink to white, is it cooked inside? How do we check)? Introduce the ingredients, watch video and pupils will be able to step by step make chicken curry.	Pupils will learn how to lead their own orienteering course/ scavenger hunt. (To be continued over two weeks)  Pupils will be able to apply different skills learnt during this half-term to lead their own course.  Pupils will be able to support in trialling/ testing each other's orienteering courses.		

<b>Week 2</b> 10 <sup>th</sup> -14 <sup>th</sup> Nov	Pupils will learn how to reflect on personal strengths and celebrate differences and achievements within the group. Pupils will be able to identify at least 1 thing they are proud of this term. Pupils will be able to give a compliment or positive message to a peer. Pupils will be able to participate in a group celebration.	Pupils will learn what appropriate behaviour at work looks like. Pupils will be able to identify at least 2-3 workplace rules. Pupils will be able to explain different behaviour expectations vs. school.	Pupils will learn how to socially interact through shared leisure activities. Pupils will be able to choose an appropriate activity to do with a partner. Pupils will be able to work with peers to share leisure equipment or take turns.	Pupils will learn how to plan and advertise for a Christmas Fair event. Pupils will be able to create an informative poster about the upcoming event, ensuring date and time is included. Pupils will be able to create an informative poster than is aimed at the correct audience. Pupils will be able to identify the features of a successful business/enterprise.	TRAMPOLINING Pupils will learn how to perform a routine including 4 different moves. Pupils to be able to perform a routine consisting of 4 different moves i.e. star jump, seat drop to feet, tuck jump, half twist jump, straight jump, stop. Repeat routine 3 times.	Pupils will know how to present their artwork for display and give feedback to peers based on their artwork.  Pupils will be able to present their artwork for display.  Pupils will be able to reflect on and describe what they have learned during the project.  Pupils will be able to give constructive comments to peers based on their artwork.	FOOD ROOM – COOKING  Pupils will learn how to follow and implement an Apple Crumble recipe  Pupils are able to demonstrate and explain how to make an Apple Crumble with cooking apples and jar of apples Pupils will be able to communicate which they prefer jar of apples or cooking apples.  Discuss health and safety aspects of session (pupils to be able to set oven temp for cooking)  Introduce the ingredients, watch video and pupils will be able to step by step make APPLE CRUMBLE	Pupils will learn how to lead their own orienteering course/ scavenger hunt. (To be continued over two weeks)  Pupils will be able to apply different skills learnt during this half-term to lead their own course.  Pupils will be able to support in trialling/ testing each other's orienteering courses.
Week 1 3 <sup>rd</sup> – 7 <sup>th</sup> Nov	Pupils will learn what the importance of trust and respect in positive relationships. Pupils will be able to describe trust and respect using real-life or social story examples. Pupils will be able to match at least 2 trusted people with support they offer. Pupils will be able to demonstrate asking for help or saying "no" respectfully.	Pupils will learn how to prepare for upcoming real-life work encounters with confidence.  Pupils will be able to describe what happens in a job interview or work experience.  Pupils will be able to demonstrate how to greet someone at an interview or workplace.  Pupils will be able to identify at least 1 thing they would need to wear/bring.	Pupils will learn how to record and present their preferences in a portfolio. Pupils will be able to annotate and complete learner portfolio in different forms.	Pupils will learn how to make and assemble a product. Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs. Pupils will be able to assemble and prepare parts of a product ready to sell. Pupils will be able to demonstrate team work by sharing job roles, work collaboratively and clear communication. Pupils will be able to complete activities to the required standard, follow steps to complete the activity to the required standard. Pupils will be able to meet their responsibilities when working with others. Pupils will be able to carry out own/ team tasks when working with others. Link to DT	TRAMPOLINING Pupils will learn how to perform a routine including 3 different moves. Pupils to be able to perform a routine consisting of 3 different moves i.e. star jump, seat drop to feet, tuck jump, half twist jump, straight jump, stop. Repeat routine 3 times.	Pupils will know how to create a collage inspired by Hockney's 'Joiners' art.  Pupils will be able to take/ select and arrange images to create a collage.	FOOD ROOM – COOKING  Pupils will learn how to follow and implement a Tomato & Red pepper soup.  Pupils are able to demonstrate and explain how to make Tomato and Red Pepper soup.  Discuss health and safety aspects of session (how to use the hotplate) Introduce the ingredients, watch video and pupils will be able to step by step make Tomato & Red Pepper soup	Pupils will learn how to participate in group games and activities making use of the orienteering course.  Pupils will be able to complete group games and challenges using an orienteering course and prior knowledge to complete it.
	PSHE-MA	Careers- MA	ASDAN Towards Independence- EL	Enterprise- MA	PE- KG	Art/DT- PW	Food & Nutrition- JW	Orienteering - PW

Employability Safeguarding SMSC Educational Visit Sex and relationships Bullying Online safety