

SF1 Other Subjects Medium Term Curriculum Plan Spring 1 2025 2026

Week 6	<p>Pupils will know why continuing with regular exercise is important throughout adulthood.</p> <p>Pupils will be able to recall at least 3 reasons why regular exercise is important in adulthood.</p> <p>Pupils will be able to describe at least 3 ways/ locations in which they can participate in or access regular exercise.</p> <p>Pupils will know how to recognise the importance of getting regular, quality sleep and identify ways to improve it.</p> <p>Pupils will be able to explain why regular, quality sleep is important for health and wellbeing.</p> <p>Pupils will be able to suggest practical actions they can take to improve the quality of their sleep.</p>	<p>Pupils will learn how to create a table and chart showing numbers of witchcraft accusations in different years, using Excel.</p> <p>Pupils will be able to enter data on witchcraft accusations into an Excel spreadsheet accurately.</p> <p>Pupils will be able to create a table and a chart in Excel to show trends in witchcraft accusations over different years.</p> <p>(Recap if finished)</p>	<p>Pupils will learn how to successfully evaluate a project.</p> <p>Pupils will be able to calculate how much profit was made from the project.</p> <p>Pupils will be able to evaluate the success of the project and express at least 1 positive highlight and challenge.</p> <p>Pupils will be able to describe at least 1 improvement, changes and next steps.</p> <p>Pupils will be able to identify differences and similarities between previous and current projects.</p> <p>Link to DT</p>	<p>FOOTBALL</p> <p>Pupils will learn how to perform the half-court press during games</p> <p>Pupils are able to demonstrate 3 attempts at getting into a defensive shape in their own half and waiting for opponents to enter their half of the pitch before performing a press.</p>	<p>The Penguin Raymond Scott</p> <p>Pupils will learn how structure and improvisation work together in jazz, and why communication is important in group music.</p> <ul style="list-style-type: none">Pupils are able to take turns as soloist and supporter.Pupils are able to keep to a simple structure.Pupils are able to perform with confidence.Pupils are able to reflect on group teamwork.	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>1.2 Be able to participate in a range of activities.</p> <p>Pupils will be able to</p> <p>1.2.1 Make arrangements to take part in different leisure activities to include:</p> <p>a) a relaxing activity b) a challenging activity c) an activity which involves learning a new skill</p> <p>1.2.2 Take part in the activities</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to write a short review of their clay jigsaw.</p> <p>Pupils will be able to review their finished product and reflect the making process what went well/what did not. (FS1)</p>	<p>Pupils will learn how structure their CV for the job that they want</p> <p>Pupils will be able to research the job they want to apply for (if they have not already) then they will structure their CV for the job they are applying for.</p>	<p>Orienteering - Pupils will learn how to delegate tasks in a group.</p> <p>Pupils will be able to make better use of their team players by delegating tasks as a group (Allowing them to collect information from multiple control markers at the same time)</p> <p>Pupils will be able to plan out the order in which to visit control markers to prevent revisiting the same control markers repeatedly.</p>	<p>Cubism Art – Mary Swanzy</p> <p>Pupils will know how to blend groups of harmonious colours using a colour wheel.</p> <p>Pupils will be able to experiment with blending different colours to create smooth transitions.</p> <p>Pupils will be able to create a piece of art using the blending technique.</p>
Week 5	<p>Pupils will know the symptoms and risk factors for testicular and bowel cancer and the importance of screening.</p> <p>Pupils will be able to recognise the main symptoms of testicular and bowel cancer.</p> <p>Pupils will be able to describe factors that can increase the risk of developing these cancers.</p>	<p>Pupils will learn how to create a table and chart showing numbers of witchcraft accusations in different years, using Excel.</p> <p>Pupils will be able to enter data on witchcraft accusations into an Excel spreadsheet accurately.</p> <p>Pupils will be able to create a table and a chart in Excel to show trends in witchcraft accusations over different years.</p> <p>Brief introduction to accessing and using Excel</p>	<p>Pupils will learn how to finalise and gift wrap a product.</p> <p>Pupils will be able to quality control all elements of the products, ready to be sold.</p> <p>Pupils will be able to show or explain how to professionally package a product.</p> <p>Pupils will be able to organise at least 5 products on a sale stand.</p> <p>Link to DT</p>	<p>FOOTBALL</p> <p>Pupils will learn how to counterattack during games</p> <p>Pupils are able to demonstrate counter attacking at least 3 times alongside their teammates after winning the ball back in their own half (i.e. quick forward passes, dribbling, getting into goalscoring positions, shooting at goal, etc)</p>	<p>Flight of the Bumblebee Nikolai Rimsky-Korsakov</p> <p>Pupils will learn how fast notes and decoration create energy in music, how to practise them safely, and why accuracy matters.</p> <ul style="list-style-type: none">Pupils are able to perform fast patterns carefully.Pupils are able to add simple decoration.Pupils are able to stay focused during performance.Pupils are able to talk about what went well.	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>1.2 Be able to participate in a range of activities.</p> <p>Pupils will be able to</p> <p>1.2.1 Make arrangements to take part in different leisure activities to include: a) a relaxing activity b) a challenging activity c) an activity which involves learning a new skill</p> <p>1.2.2 Take part in the activities</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to</p> <p>Apply finishing techniques to the assembled clay jigsaw.</p> <p>Pupils will be able to apply finishing techniques to clay, to complete their clay jigsaw. (FS1)</p>	<p>Pupils will learn how to make a CV</p> <p>Pupils will be able to research what initial information is needed to begin creating a CV. Then begin creating their CV</p>	<p>Orienteering - Pupils will learn how to delegate tasks in a group.</p> <p>Pupils will be able to make better use of their team players by delegating tasks as a group (Allowing them to collect information from multiple control markers at the same time)</p> <p>Pupils will be able to plan out the order in which to visit control markers to prevent revisiting the same control markers repeatedly.</p>	<p>Cubism Art – Mary Swanzy</p> <p>Pupils will know how to research a famous artist and plan a piece of art in their style.</p> <p>Pupils will be able to research key facts about Mary Swanzy and her artistic style.</p> <p>Pupils will be able to plan and sketch a piece of art inspired by Mary Swanzy's style.</p>
Week 4	<p>Pupils will know the symptoms and risk factors for breast and cervical cancer and the importance of screening.</p> <p>Pupils will be able to identify the key symptoms of breast and cervical cancer.</p> <p>Pupils will be able to explain why regular screening is important for early detection.</p>	<p>Pupils will learn how to compare historical ideas about witches with modern images and stories.</p> <p>Pupils will be able to identify at least three differences between witches in history and those shown in literature, film, or cartoons.</p> <p>Pupils will be able to complete a summary sheet reviewing what they have learned about witchcraft across all six lessons.</p>	<p>Pupils will learn how to market their product to a target audience.</p> <p>Pupils will be able to advertise their product by creating a poster.</p> <p>Pupils will be able to create an eye-catching poster using Desktop publishing software.</p> <p>Pupils will be able to include at least 3 pieces of relevant information in their poster.</p> <p>Link to DT.</p>	<p>FOOTBALL</p> <p>Pupils will learn how to keep possession during game situations.</p> <p>Pupils are able to demonstrate keeping possession and passing the ball to a teammates at least 3 times during a game situation.</p>	<p>Arabian Dance Tchaikovsky</p> <p>Pupils will learn how melody, decoration, and layers of sound create a style of music, and how performers communicate mood.</p> <ul style="list-style-type: none">Pupils are able to take part in group composition.Pupils are able to perform with attention to balance.Pupils are able to use musical ideas to create mood.Pupils are able to reflect on how the music sounded.	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>1.2 Be able to participate in a range of activities.</p> <p>Pupils will be able to</p> <p>1.2.1 Make arrangements to take part in different leisure activities to include:</p> <p>a) a relaxing activity b) a challenging activity c) an activity which involves learning a new skill</p> <p>1.2.2 Take part in the activities</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to</p> <p>Use a range of basic techniques and tools to shape and assemble clay pieces for the jigsaw.</p> <p>Pupils will be able to use basic clay shaping and assembly techniques, select and use appropriate tools safely, and assemble clay jigsaw pieces in line with their plan. (FS1)</p>	<p>Pupils will learn how to research what qualifications are needed to become a Tattoo Artist</p> <p>Pupils will be able to explain Qualifications, training skills are there any apprenticeships? any career progression? importance of Health & Safety (pupils can pick a career they want to research.</p>	<p>Orienteering – Pupils will learn how to use previous learning to find orienteering control markers on an unfamiliar course.</p> <p>Pupils will be able to find and record information from an unfamiliar orienteering course.</p> <p>Pupils will be able to orientate their map to help find at least 5 control markers.</p> <p>Pupils will be able to recognise examples of traditional orienteering control markers.</p>	<p>Cubism Art – Mary Swanzy</p> <p>Pupils will know how to experiment with outlines and tones, use multiple tones in different directions, and balance drawings with white space.</p> <p>Pupils will be able to apply different tones and outlines effectively in their drawings.</p> <p>Pupils will be able to create a composition that balances drawings and white space.</p>
Week 3	<p>Pupils will know the signs of skin cancer and actions to reduce the risk, including risks associated with sunbed usage.</p> <p>Pupils will be able to recognise at least three signs of skin cancer.</p> <p>Pupils will be able to describe at least two actions they can take to reduce the risk of developing skin cancer.</p>	<p>Pupils will learn how and why witchcraft beliefs and accusations declined over time.</p> <p>Pupils will be able to identify At least two reasons why witchcraft accusations decreased after the 17th Century.</p> <p>Pupils will be able to use short transcripts of 17th Century to find evidence of changing beliefs.</p>	<p>Pupils will learn how to make and assemble a product.</p> <p>Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs.</p> <p>Pupils will be able to assemble and prepare parts of a product ready to sell.</p> <p>Pupils will be able to demonstrate team work, by sharing job roles, work collaboratively and clear communication.</p> <p>Link to DT</p>	<p>BASKETBALL</p> <p>Pupils will learn how to counter-attack with speed during games.</p> <p>Pupils are able to demonstrate fast dribbling with the ball towards the basket, running forwards into space to support, passing to players in shooting positions and shooting towards the basket.</p>	<p>Sunrise Richard Strauss</p> <p>Pupils will learn how beat, volume, and speed work together in music, how performers control them, and why accuracy builds confidence.</p> <ul style="list-style-type: none">Pupils are able to perform in time with others.Pupils are able to control loud and soft playing.Pupils are able to follow clear musical cues.	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>make the best use of their leisure time.</p> <p>Pupils will be able to</p> <p>1.1.1 Describe the benefits of participating in leisure activities</p> <p>1.1.2 Describe a range of leisure activities available to them.</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to</p> <p>Use basic measuring and marking out skills to prepare clay for jigsaw creation, following a planned sequence of instructions.</p> <p>Pupils will be able to measure and mark out clay accurately, follow a planned sequence of instructions. (FS1)</p>	<p>Pupils will learn how to become a professional wrestler</p> <p>Pupils will be able to explain what qualifications, skills & training is required, explore the physical & mental demands of a professional wrestler. Are there any wrestling schools? Is there any career progression? (Pupils can pick a career they want to research)</p>	<p>Orienteering – Pupils will learn how to use previous learning to find orienteering control markers on an unfamiliar course.</p> <p>Pupils will be able to find and record information from an unfamiliar orienteering course.</p> <p>Pupils will be able to orientate their map to help find at least 5 control markers.</p>	<p>Artist Lucy Casson – Clay Figures</p> <p>Pupils will learn how to evaluate their finished product/ piece of art.</p>

					<ul style="list-style-type: none"> Pupils are able to talk about how their performance improved. 	1.1.3 Identify ways in which they can make the best use of their leisure time.			Pupils will be able to recognise examples of traditional orienteering control markers.	Pupils will be able to identify at least two things which worked well and two things which they could have done differently.
Week 2	<p>National Parliament Week</p> <p>Pupils will know the role of the UK Parliament and how it impacts laws, rights and society.</p> <p>Pupils will be able to describe the main functions of Parliament, including the House of Commons and the House of Lords.</p> <p>Pupils will be able to give an example of how Parliament affects their daily life and/or community.</p>	<p>Pupils will learn how Matthew Hopkins identified suspected witches and what his role was during the witch trials.</p> <p>Pupils will be able to explain who Matthew Hopkins was and what he did as the Witchfinder General.</p> <p>Pupils will be able to describe what it was like to experience or listen to an account of a witchcraft accusation.</p>	<p>Pupils will learn how to make and assemble a product.</p> <p>Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs. Pupils will be able to assemble and prepare parts of a product ready to sell.</p> <p>Pupils will be able to demonstrate team work by sharing job roles, work collaboratively and clear communication.</p> <p>Link to DT</p>	<p>BASKETBALL</p> <p>Pupils will learn how to attack in a 1v1 situation during games</p> <p>Pupils are able to demonstrate dribbling and feinting skills when attacking in a 1v1 situation during games.</p>	<p>The Hebrides Overture Felix Mendelssohn</p> <p>Pupils will learn how repeated patterns and musical layers create atmosphere, how they build up the music, and why structure supports confident performance.</p> <ul style="list-style-type: none"> Pupils are able to recognise different layers of sound. Pupils are able to take responsibility for one musical part. Pupils are able to perform with growing confidence. Pupils are able to share simple feedback about group work. 	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>Understand how to make the best use of their leisure time.</p> <p>Pupils will be able to</p> <p>1.1.1 Describe the benefits of participating in leisure activities</p> <p>1.1.2 Describe a range of leisure activities available to them</p> <p>1.1.3 Identify ways in which they can make the best use of their leisure time.</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to</p> <p>understand health and safety procedures and identify risks when using tools and equipment for clay work. Pupils will be able to understand key health and safety procedures for clay work, be able to identify risks, and know how to minimise hazards when using materials and equipment. (FS1)</p>	<p>Pupils will learn how to become a Video Producer Reporter.</p> <p>Pupils will be able to look at the STEM website – research information on becoming a Video Producer Reporter and produce a small report on what qualifications are needed, do they have apprenticeships available and the pros and cons of being a Video Producer Reporter.</p>	<p>Team building challenges</p> <p>Pupils will learn how to take on different roles within a team, including leadership, organisation and support roles.</p> <p>Pupils will be able to take on a team role (e.g. leader, timekeeper, communicator, equipment manager) during a challenge.</p> <p>Pupils will be able to reflect on how each role helps the team to succeed.</p>	<p>Artist Lucy Casson – Clay Figures</p> <p>Pupils will learn how to use tools to sculpt and add detail to their clay figures using a variety of tools.</p> <p>Pupils will be able to select and use a variety of different tools to sculpt and add detail to their clay figures.</p>
Week 1	<p>Pupils will know the typical causes and triggers for mental health conditions in young people and the help available.</p> <p>Pupils will be able to identify triggers or situations that may contribute to mental health difficulties.</p> <p>Pupils will be able to recognise at least two ways to access mental health support.</p>	<p>Pupils will learn how to recognise differences in witchcraft accusations across different countries and time periods.</p> <p>Pupils will be able to describe how the number of witchcraft accusations changed in at least three locations or time periods.</p> <p>Pupils will be able to create a simple graph showing the number of accusations in different years.</p>	<p>Pupils will learn how to research ideas for a themed enterprise project (Valentine's/Mothers Day). Pupils will be able to identify at least 2 potential products to make and sell. Pupils will be able to calculate the costs of making at least 1 product.</p> <p>Link to DT</p>	<p>BASKETBALL</p> <p>Pupils will learn how to perform a lay up shot in small game situations</p> <p>Pupils are able to demonstrate using all aspects of the set shot technique 5 times during a game situation (i.e. dribble, 2 steps, jump and gently releasing the ball towards the top corner of the square on the backboard).</p>	<p>Summer from The Four Seasons Antonio Vivaldi</p> <p>Pupils will learn how composers use orchestral families on purpose, how they change the feel of the music, and why careful listening helps improve performance.</p> <ul style="list-style-type: none"> Pupils are able to identify instrument families in the music. Pupils are able to choose instruments to match a mood. Pupils are able to perform with awareness of volume and blend. Pupils are able to talk about what worked well in their performance. 	<p>Unit MLT1: Making the most of leisure time.</p> <p>Pupils will learn how to</p> <p>Understand how to make the best use of their leisure time.</p> <p>Pupils will be able to</p> <p>1.1.1 Describe the benefits of participating in leisure activities 1.1.2 Describe a range of leisure activities available to them</p> <p>1.1.3 Identify ways in which they can make the best use of their leisure time.</p>	<p>CLAY JIGSAW</p> <p>Pupils will learn how to</p> <p>Identify and select appropriate materials, tools and equipment for making a clay jigsaw, and communicate initial ideas</p> <p>Pupils will be able to identify suitable materials and tools and understand the purpose of each and be able to communicate an initial design. FS1</p>	<p>Pupils will learn how to</p> <p>research the Youth Employment Services</p> <p>Pupils will be able to explain in a short paragraph what (YES) do. Pupils then go to website – gather information on gaining a career as a 'game tester' pros and cons</p>	<p>Team building challenges</p> <p>Pupils will learn how to plan and solve problems together by sharing ideas and responsibilities.</p> <p>Pupils will be able to contribute to a group plan before starting an activity.</p> <p>Pupils will be able to adapt their approach when a challenge becomes difficult.</p>	<p>Artist Lucy Casson – Clay Figures</p> <p>Pupils will learn how to create and shape a model of a clay figure inspired by Lucy Casson.</p> <p>Pupils will be able to create a clay figure inspired by Lucy Casson.</p>
	PSHE-PW	Humanities- PW	Enterprise- PW	PE- KG	Music/Drama- AB	ASDAN Personal Social Development- JW	DT - JW	Careers - JW	Orienteering/ Teambuilding - PW	ART - PW