

SF2 Other Subjects Medium Term Curriculum Plan Autumn 1 2026 2027

Week 8 19 th – 23 rd Oct	Pupils will know how to maintain balance between work, rest and exercise. Pupils will be able to: - list at least two benefits of regular exercise. - suggest ways to improve their sleep routine.	Pupils will know how to use appropriate behaviours and choose appropriate ways of communicating during conversations. Pupils will be able to use a range of appropriate behaviours when participating in the exchanges. Pupils will be able to use appropriate formal and informal communication techniques.	Pupils will learn how to successfully evaluate a project. Pupils will be able to calculate how much profit was made from the project. Pupils will be able to evaluate the success of the project and express at least 1 positive highlight and challenge. Pupils will be able to describe at least 1 improvement, changes and next steps. Pupils will be able to identify differences and similarities between previous and current projects. Link to DT	Pupils will learn how to cook pasta bake. Pupils are able to: - Follow their recipe. - Cook meat thoroughly. - Cook vegetables thoroughly. - Time the pasta bake in the oven.	Pupils will learn how to share musical achievements, demonstrate their skills, and reflect on their participation in music. Pupils are able to: - perform or contribute to a musical activity in a way that suits their abilities. - demonstrate a musical skill developed during the unit. - show appropriate audience awareness and respect. - identify or demonstrate something they enjoyed or achieved.	DODGEBALL Pupils will learn how to select the most effective defensive action when faced with an incoming throw. Pupils are able to demonstrate making 5 successful decisions by choosing to dodge, block, or catch at the appropriate time during game situations.	To review French vocabulary.	Pupils will learn how Humanists celebrate life events.
Week 7 12 th – 16 th Oct	Pupils will know how to decide when to call emergency services. Pupils will be able to - explain what situations are emergencies. - choose the correct action in given scenarios.	Pupils will know how to take part in simple conversations with other people. Pupils will be able to take an active role in exchanges on different topics, with one or more people.	Pupils will learn how to finalise and gift wrap a product. Pupils will be able to quality control all elements of the products, ready to be sold. Pupils will be able to show or explain how to professionally package a product. Pupils will be able to organise at least 5 products on a sale stand. Link to DT	Pupils will learn how to create their own pasta bake recipe. Pupils are able to: - Decide on a pasta bake sauce. - Decide on meat for recipe. - Choose vegetables for recipe. - Edit a pasta bake recipe.	Pupils will learn how to prepare a musical performance, what performers need to remember, and how to respond to cues. Pupils are able to: - rehearse a musical part with increasing confidence. - follow visual, musical, or teacher cues. - demonstrate appropriate timing during a group performance. - identify or show what they need to remember for the performance.	DODGEBALL Pupils will learn how to combine multiple dodging techniques to avoid elimination. Pupils are able to successfully evade 10 incoming throws during game situations by using feints, double side-steps, reactive ducking, change-of-pace movements, and explosive directional changes.	Pupils learn how to describe their feelings in French. Pupils will be able to hold a short conversation.	Pupils will learn how to compare Humanist and religious beliefs. To identify one similarity and one difference.
Week 6 5 th – 9 th Oct	Pupils will know how to perform CPR. Pupils will be able to: - explain what CPR is and how to do it. - explain why CPR saves lives.	Pupils will know how positive behaviours affect other people. Pupils will be able to explain why it is important to use positive behaviours when interacting with others and give at least 3 examples.	Pupils will learn how to market their product to a target audience. Pupils will be able to advertise their product by creating a poster. Pupils will be able to create an eye-catching poster using Desktop publishing software. Pupils will be able to include at least 3 pieces of relevant information in their poster. Link to DT.	Pupils will learn how to cook spaghetti bolognese using pre-chopped vegetables. Pupils are able to: - Measure pre-chopped vegetables. - Cook mince thoroughly. - Identify when pasta is cooked in boiling water.	Pupils will learn how to create and combine simple musical ideas to make their own celebration music. Pupils are able to: - choose sounds, instruments, rhythms, or movements for a musical idea. - create or copy a simple musical pattern. - combine two or more sounds with support. - demonstrate their musical idea to others.	DODGEBALL Pupils will learn how to attack opponents from different angles. Pupils are able to demonstrate 5 attacking throws from a variety of positions on the court during game situations.	Pupils will learn how to say colours in French. Pupils will be able to say their favourite colour in a sentence.	Pupils will learn why Humanists support human rights. Pupils will be able to identify 3 human rights.
Week 5 28 th Sept- 2 nd Oct	Pupils will know how to plan a healthy diet on a budget. Pupils will be able to: - compare healthy and unhealthy food choices. - create a simple meal plan using affordable foods.	Pupils will know how to recognise positive behaviours that help communication. Pupils will be able to identify at least 4 positive behaviours which can be used when interacting with others.	Pupils will learn how to make and assemble a product. Pupils will be able to use the appropriate Cricut tools and equipment to cut out designs. Pupils will be able to assemble and prepare parts of a product ready to sell. Pupils will be able to demonstrate team work by sharing job roles, work collaboratively and clear communication. Link to DT	Pupils will learn how to cook chicken alfredo using pre-cooked chicken. Pupils are able to: - explain the advantages of using pre-cooked chicken. - Identify when pasta is cooked in boiling water. - Stir consistently to ensure sauce doesn't burn.	Pupils will learn how music, movement, and sound can work together to communicate a story or emotion. Pupils are able to: - identify or respond to different moods in music. - demonstrate an emotion through movement, gesture, sound, or facial expression. - select sounds or instruments to represent a story event. - participate in a short musical story with support.	FITNESS: CYCLING Pupils will learn how to improve their cardiovascular fitness and stamina by riding a bike, tricycle, scooter or balance bike continuously around the playground. Pupils are able to ride continuously around the playground for two lots of 10 minutes without stopping, maintaining a consistent pace and demonstrating good control throughout.	Pupils will learn how to say months of the year in French. Pupils will be able to say when it is their birthday.	Pupils will learn why science is important to Humanists.
Week 4 21 st – 25 th Sept	Pupils will know how to recognise illnesses like meningitis and flu. Pupils will be able to: - identify key symptoms of meningitis and flu. - decide when to ask for help based on symptoms.	Cooking – Cinnamon Twists for Macmillan Cancer Support	Pupils will learn how to research ideas for a Halloween enterprise project. Pupils will be able to identify at least 2 potential products to make and sell. Pupils will be able to calculate the costs of making at least 1 product. Link to DT MACMILLAN COFFEE MORNING	Pupils will learn how to create baked goods to sell for the Macmillan Coffee Morning. Pupils are able to: - Show exceptional hygiene skills. - Weigh and measure ingredients accurately. - Identify if baked goods are cooked thoroughly.	Pupils will learn how rhythm, dynamics, and texture can change the character of celebration music. Pupils are able to: - identify changes in loud and quiet sounds. - copy or repeat a simple rhythmic pattern. - demonstrate how adding or removing sounds changes the music. - choose an appropriate instrument or sound for a musical section.	FOOTBALL Pupils will learn how to apply a range of attacking tactics, including one-twos, to break down a defence and create goalscoring opportunities in game situations. Pupils are able to successfully demonstrate at least four attacking tactics, including creating width, overlapping runs, one-twos and effective support play, on six or more occasions during game situations.	Pupils will learn how to say where they are from in French. Pupils will be able to say where they live using a sentence.	Pupils will learn how Humanists define a good life.
Week 3 14 th – 18 th Sept	Pupils will know how to describe what health and wellbeing means. Pupils will be able to: - identify at least two things that help them stay healthy. - recognise the difference between healthy and unhealthy choices.	Pupils will know how to recognise different social situations where they communicate with other people. Pupils will be able to identify at least two social situations in which they may need to interact with others.	Pupils will learn how to budget and purchase products for an event. Pupils will be able to identify appropriate products to purchase for an event. Pupils will be able to demonstrate how to stay within a planned budget. Pupils will be able to use money in the community.	Pupils will learn how to cook 'one-pan' pasta. Pupils are able to: - Differentiate between tsp and tbsp. - Follow instructions carefully. - Identify when pasta is cooked in a sauce.	Pupils will learn how different musical parts can be combined to create a group performance. Pupils are able to: - maintain a simple repeated part with support. - follow a visual, musical, or teacher cue to start and stop. - demonstrate awareness of other performers. - perform a simple part as part of a group.	FOOTBALL Pupils will learn how to pass and receive a football effectively to maintain possession during a game. Pupils are able to complete 10 consecutive passes with a partner using the instep and successfully pass and receive the ball in a game situation on 5 or more occasions during the lesson.	Pupils will learn how to say numbers 1-20 and their age in French. Pupils will be able to say their age using a sentence.	Pupils will learn what the meaning of humanism. To identify key humanist values: Kindness Respect Equality Responsibility
Week 2 7 th – 11 th Sept	Pupils will know how to select and discuss relevant articles/stories from the News. Pupils will be able to: - explain why a source might be reliable or unreliable. - share information from a relevant news story. - use appropriate ways to agree or disagree with a viewpoint.	Enterprise Prep for Macmillan Coffee Morning.	Pupils will learn how to plan and advertise for a fundraising event. Pupils will be able to research 1 charity and find out about upcoming events. Pupils will be able to create an informative poster about an upcoming charity event.	Pupils will learn how to decide on which pasta dishes to cook. Pupils are able to: - Identify dishes that can be made in a certain time frame. - Share which equipment they will need. - Show knowledge of safety in the Food and Nutrition room.	Pupils will learn how music, movement, and sound can help create characters and tell a story. Pupils are able to: - identify or respond to characters and musical changes. - demonstrate a character through movement, sound, or expression. - join in with a repeated musical or rhythmic section. - choose sounds or instruments to represent a character.	FITNESS Pupils will learn how to improve their cardiovascular endurance and muscular stamina by working at an appropriate intensity during Fartlek training Pupils are able to complete a 10 minute high-intensity Fartlek activity, maintaining high levels of effort and good endurance.	Pupils will learn how to say greeting in French. Pupils will be able to greet a partner and say how they are feeling.	Pupils will learn what the meaning of theist, atheist and agnostic are. To identify if they are theist, atheist or agnostic.
Week 1 3 rd /4 th Sept	INSET DAY	INSET DAY	SETTLING DAY	INSET DAY	Pupils will learn how music can be used to celebrate, what different sounds and instruments contribute, and how they can take part in music-making. Pupils are able to: - identify or respond to different sounds in celebration music. - copy or repeat a simple rhythm using voice, body percussion, or instruments. - choose a sound or instrument to join a musical activity. - demonstrate focus and enjoyment during music-making.	INSET DAY	INSET DAY	INSET DAY
	PSHE-LC	ASDAN PSD - LC	Enterprise- LC/PW	Food & Nutrition- LC	Music/Drama- AB	PE- KG	MFL - RB	RE - RB